

# Product Data Sheet

## Adjustable Rope Shock Absorbing Lanyard

L0003 & L0003C

A single adjustable leg shock absorbing lanyard utilising the new, more compact shock pack. Featuring 11mm rope with adjustable length, the ring may be used to clip back or park the lanyard end.

Only supplied with Scaffold Hooks; can be supplied with other connectors or no connectors on request.

### Specs:

- Maximum working load: 130kg
- Maximum length without connectors: 1.3m
- Maximum length with connector: 1.6m
- Standard Colour: White
- Material: 11mm Low Stretch Rope

### Conforms to:

- EN355:2002

